



Safe Lifting cours

Do you use lifting equipment in your work, e.g. slingers and signallers? This course provides you with the knowledge to prevent accidents and reduce the risk of ill health and accidents in the workplace when you are working with heavy lifting.

Training

Aimed at anyone who uses lifting equipment in their work, e.g. slingers and signallers. It provides the participant with the knowledge to prevent accidents and reduce the risk of ill health and accidents in the workplace when we are working with heavy lifting.

What you will learn

- Hoists and Lifting equipment
- Volume, centre of gravity and density
- Max. loads and WLL
- Lifting angles
- Symmetrical and asymmetrical lifting
- Various types of lifting
- Load tables
- Lifting with and without fixed lifting points
- Adjusting the length of the lifting equipment
- Signalling and communication
- Accidents and incidents
- The Swedish Work Environment Act, the Swedish Work Environment Authority and its regulations
- Roles and responsibilities when lifting
- Safety officer
- Risk assessment
- Daily check and ongoing supervision

For individuals working in

The course is aimed at anyone who uses lifting equipment in their work, e.g. slingers and signallers.

What does the legislation say?

Use of hoists and lifting equipment (AFS 2006:06 Section 29)
"An employer that allows an employee or hired labour to use hoists or lifting equipment must have documentation setting out their practical and theoretical knowledge regarding safe use of the equipment."

Certificates/Authorisation

After completing the course and passing the test, participants receive a personal certificate.

Prior knowledge requirements

You are proficient in Swedish, otherwise no prior knowledge is required.

Conditions

Registration is binding and the billing of course fees takes place within two weeks following registration. If you need to cancel your participation in the course, we have to receive the cancellation seven working days prior to the start of the course.

In the event there are insufficient registered participants or in case of some other valid reason, such as the course leader becoming ill, we will get back to you with alternative course dates. If you cannot find a suitable date and you are a group of around ten people, we are happy to consider an alternative arrangement specifically for you.

Book today!

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